

# Hillside Newsletter

## January 2021



### Message from the Board of Directors

Dear Residents, Families & Staff,

Hello and welcome to 2021. Happy New Year and welcome to the first edition of the Greenhill Aged Care Newsletter for 2021. What a year we have left behind. We hope your Christmas and New Year celebrations were enjoyable and everyone had a nice break with family and friends. Parveen Kaur (Clinical Leader) and I have been appointed "Infection Prevention and Control Leaders" at Greenhill Aged Care Facility. This is a government directive to ensure that residential aged care facilities are better prepared to prevent and respond to infectious diseases including COVID-19 and Influenza. Last week, we have sent an email to all family members regarding reopening our door for visitation. We are strongly advising everyone who is visiting our facility to use the QR code system which is located at the front of the reception area. We are following NSW health guidelines and will update you in timely manner.

Have a great January 2021, I look forward to catching up with you and will talk to you again in the next edition.

Kind Regards,  
Mick  
Executive Manager – Greenhill Aged Care

### Clinical Corner

For any clinical questions relating to your loved one, please call or email our Clinical Leader Parveen on



[clinicalleader@hillsidefigtree.com.au](mailto:clinicalleader@hillsidefigtree.com.au).

### Activities Report

Hello everyone,

Well again we have been busy with activities and bus outings for January. The Christmas parties were lovely and the feedback from the days and the presents was fantastic.

With the weather having been so lovely we have had great responses to our walking groups and then morning tea outside with everybody enjoying the sunshine.

Even though we celebrated Australia day the day after it was still a lovely lunch .

Next month we will be celebrating Chinese New Year, and Valentine's Day,so we are busy making decorations for those days.

Our bus trips are scenic drives at the moment due to Covid and hopefully we will be back to normal soon and be able to have lunch out again.

The Pink ladies will be every second month and it's lovely to see residents enjoying our service and whilst it remains popular we will continue to provide this service.

Also we have Mr Whippy coming to our facility in February and he will be sending me his price list so if you think your loved ones would like to purchase an ice-cream could you please make available adequate funds for them to do so. He will be here on the 17<sup>th</sup>.

We have had lots of fun with decorating biscuits and making toasted sandwiches, ice-cream spiders and chocolate spiders.

If anyone has any ideas on any other activites please do not hesitate to call me as it's always good to get more ideas.

We also have started our Hillside Harmonies Choir up again and we are preparing to put on a concert for our residents, this will be a lot of fun and hopefully a huge success.

Thankyou  
linzy

Happy Birthday to everyone who had a birthday in January

Mary Wilkinson 2<sup>nd</sup>  
Eileen Smythe 9<sup>th</sup>  
May Marstaeller 12<sup>th</sup>  
Harry Lock 12<sup>th</sup>  
Marie Constable 15<sup>th</sup>



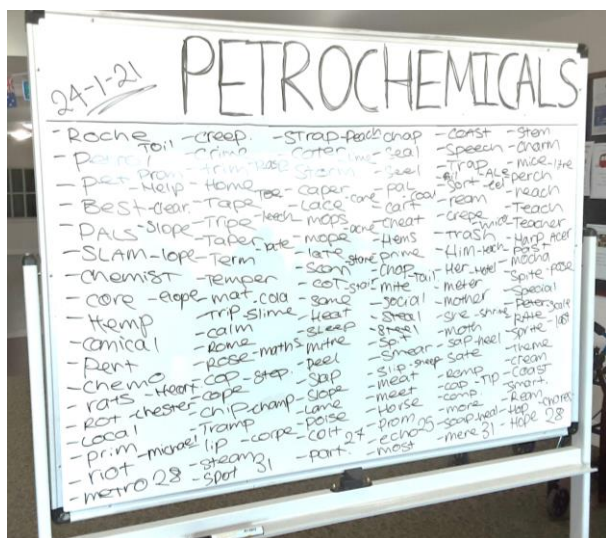
Find a Word



Some of our ladies enjoying painting.



Walking Groups relaxing and taking in some sun and fresh air.







A great afternoon of Dominoes, Jenga and Uno with afternoon tea.



A great turn out for our Music Therapy



You look like you're enjoying the homemade ice blocks Doris!





Making Lamington's and biscuits for Australia Day

Australia Day celebrations





Eyes down for a full house!

### Staff Profile

Hi, My name is Lyndsey Smith. I was born in Wollongong hospital. I'm still local to the area, living in Dapto with my family.

I have a decade of café experience, when I'm not busy making coffees you'll find me at home with my children and animals.



On sunny days you'll find us on the water with our Kayaks. I look forward to meeting you all. Feel free to pop in and say hi I'm at The Ginger Café Monday to Friday from 9am till 1pm. Hope to see you for coffee and a chat soon.

### Feedback

We view your comments, complaints and suggestions as an opportunity to identify shortcomings and to implement improvements in the quality of service provided.

The Facility Manager welcomes your comments and/or complaints and is the first point of contact for any of your concerns or suggestions. Please address your correspondence to:

The Facility Manager  
Hillside at Figtree  
190 Princes Highway  
FIGTREE NSW 2525

(02) 4239 5400

Email: [facilitymanager@hillsidefigtree.com.au](mailto:facilitymanager@hillsidefigtree.com.au)

A "Care to Share" form is available at reception and throughout the facility to assist you in logging any areas of concern or to record those 'bright ideas' you may have as to how our quality of service can be improved. Please place the completed form in the "Opinion" boxes provided. Feedback will be given to you within 24 hours or the next business working day.



The Pink Ladies returned to the delight of many!