

Dear Residents, Families & Staff,

February has come and gone in a blink of an eye here at Hillside. As we are saying goodbye to Summer and enter Autumn, residents are continually enjoying the weekly bus trips and activities outdoors soaking up the sun.

Visitation will continue to be conducted in residents' room, and there is no limit to the number of visitors however be mindful of the 1.5 meter social distance rule.

It remains necessary for masks still to be worn throughout the entire visit, including inside the resident's room. We continue to ask if all visitors could please comply with our entry requirements of taking temperatures, answering some questions on health and where you have visited/come from and signing the register. We encourage you to continue to be vigilant with social distancing and washing/sanitising your hands.

Isolation of residents for 48 hours will be in place for resident who are staying overnight in hospital or overnight with family members. As soon as we have further information by NSW Health as well as the Department of Health on the roll out of the Covid 19 vaccination programme in 2021, we will advise everyone once we have been informed of the process.

We recognise how challenging these arrangements that we have put in place can be, we are very grateful for your cooperation, understanding and continuous support.

Take care, and we will catch up in our March edition.

Kind Regards,
Mick
Executive Manager – Greenhill Aged Care

Activities Report

Hello everyone,

Well again it has been busy this month.

We have had Chinese New Year and we had a lot of fun. We made our own dragon and made up little gift bags which consisted of a Chinese New Year fortune cookie, and some lucky lollies. We then walked around to all residents and Mick our Executive Manager was playing a drum, the residents joined in and had a lot of fun.

Also we have had Valentine's Day and we made up little gift bags with chocolate hearts which were well received.

Our Hillside Harmonies have recommenced and I am happy to say that we are doing a concert for our other residents on the 25th February.

Our bus trips continue and it's nice to have residents come along that haven't been for a long time.

Next month we have St Patrick's Day which we are making our hats for now, also we have Men's Lunch, Ladies High Tea and we are having a lunch with friends day. This is so our residents can just have lunch and catch up with their friends and I am hoping it will be a success.

Penny our Catering Manager will be assisting our residents to make the food for the High Tea and they are looking forward to this.

Mr Whippy came to Hillside and as it was so popular we are hoping to get him back every month, as we all enjoyed the choc-top ice-cream. We have a therapy dog called Jack and we are using him as pet therapy and even though he is not real he is bringing smiles to many people faces. Also Pastoral Care with Jade every Wednesday is helping our residents who want to have the extra talk.

If anyone has any suggestions please let me know as we would like to continue to provide different activities as well.

Thankyou
linzy

Happy Birthday to everyone who had a birthday in February

Ken Gemmill – 9th
Patritia Dean – 11th
Phyllis Calvert – 15th
Eva Gray – 23rd



Music Therapy and a Cuppa to quench the thirst!



Some of newest members of the Hillside Harmonies

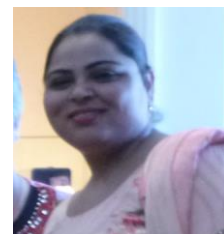


Happy Hour

Clinical Corner

For any clinical questions relating to your loved one, please call or email our Clinical Leader Parveen on

clinicalleader@hillsidefigtree.com.au.





Thank you ladies for all your help in making up the bags for Chinese New Year



Fun and games today with Linzy and some of the ladies entertaining everyone celebrating Chinese New Year as the Dragon and Mick playing the tambourine and handing out lollies to all of our residents.



Hillside Harmonies



Judy and Darcy enjoyed the Mr Whippy delivery!



Bus trip to Mt Kembla up along Mount Ousley and down Bulli Pass



Fun and Games!



Staff Profile

My name is Jade Nguyen. I'm the new pastoral carer at Greenhill and Hillside Aged Care. "Pastoral care" may be a little misleading though, as I am not associated with any churches. Essentially, my role is to provide some emotional and mental support.



Every week, on the Tuesday (at Greenhill) and Wednesday (at Hillside), I'll be around if residents feel like having a chat, going for a walk, or just want some company. I live an hour and a half away from Wollongong, so it's quite the drive. I'm not the best driver, but it looks like I'll be getting in some good practice. I'm still getting used to everything and get turned around every now and then, so you'll see me wandering around fairly often. If you do, please feel free to say hello. I look forward to meeting, and hopefully getting to know everyone.

Feedback

We view your comments, complaints and suggestions as an opportunity to identify shortcomings and to implement improvements in the quality of service provided.

The Facility Manager welcomes your comments and/or complaints and is the first point of contact for any of your concerns or suggestions. Please address your correspondence to: w

The Facility Manager
Hillside at Figtree
190 Princes Highway
FIGTREE NSW 2525
(02) 4239 5400
Email: facilitymanager@hillsidefigtree.com.au



Our ladies were so happy to have the hairdressers back!

A "Care to Share" form is available at reception and throughout the facility to assist you in logging any areas of concern or to record those 'bright ideas' you may have as to how our quality of service can be improved. Please place the completed form in the "Opinion" boxes provided. Feedback will be given to you within 24 hours or the next business working day.