

# Greenhill Manor Newsletter

## August 2020



Hi everyone,

And welcome to our monthly newsletter. Just like our weekly editions before, we'll keep you informed about what's happening here at Greenhill Manor. Each month we will also feature a "Staff Profile" where you will get to know a bit more about one of our staff members. This month's feature is by Maria Ingham our Care Manager for both Greenhill Manor and Hillside. Her role is to oversee the clinical care for our residents and support our RNs.

I have been in the role of Facility Manager for over 12 Months now, and it has certainly been a 'baptism of fire'! It has however been rewarding as we overcome any challenges, no doubt the biggest so far is to get through COVID-19!

I would like to thank you all for your support, and as we head into the second half of the year I hope we all remain safe, stay calm and continue to support one another during this time.

For all the staff who have worked especially hard this year, with the added pressure of wearing personal protective equipment all day, I wanted to say thank you to them all. They are a great bunch of hardworking members of this organisation who somehow still manage to come to work with a smile on their faces everyday - even if you can't see it behind the mask!!

And to our residents who have been in lockdown for the best part of 4 months, I also want to convey my gratitude to you all. We hope that things get back to normal soon, but for now we will continue to do our best to look after you and keep you entertained.

I could go on thanking all of the personnel here, from the catering, to the

administration, to the maintenance and of course the cleaners, but I'll just say to everyone, thank you and keep up the great work!

We are expecting our Accreditation visit to still go ahead, unfortunately the agency does not let us know of their audit dates, but we are more than ready for their visit.

To keep our facility covid safe, the Directors, and management have made the decision that all parcels, letters, items of clothing and food provided by the families/visitors will be kept aside for at least 48 hours prior to distribution to the residents.

This process will commence immediately and we ask for your understanding and patience as we continue to ensure all measures have been considered as part of our Covid safe operations.

Lastly, my door is always open or I am available via phone or email. Do not hesitate to see me, and I welcome your feedback.

Please keep safe and until next time.

Kim Meiers  
Facility Manager

### Activities Update

Happy Birthday to everyone who celebrated a Birthday in July

Fernando Guerrero (1<sup>st</sup>)  
Edward Stone (2<sup>nd</sup>)  
Anica Jurjevic (3<sup>rd</sup>)  
Elia Arnone (8<sup>th</sup>)  
Eileen Mayo-Jaffray (15<sup>th</sup>)  
Jeanette Wakefield (22<sup>nd</sup>)  
Ken Corpe (23<sup>rd</sup>)  
Beryl Cunnane (28<sup>th</sup>)  
Gwen Barker (30<sup>th</sup>)





Welcome to our newest arrivals!

Stan Richardson, Barbara Haningan, Pam O'Donnell, Violet Mirabitur, Maree McCulloch and Edith Ryan.

A couple of things to keep in mind.....



Due to the infection control requirements, residents personal washing goes through a wash in excess of 60°C, which means that any delicates or woollens are likely to shrink. You are welcome to take these away and launder them yourself however we are also advising that any personal washing, mail, flowers are now required to be sprayed and held securely for 48 hours before being taken to a resident's room. Furthermore we ask that you refrain from bringing in any food, coffee, fruit etc until further notice.

## Activities Report

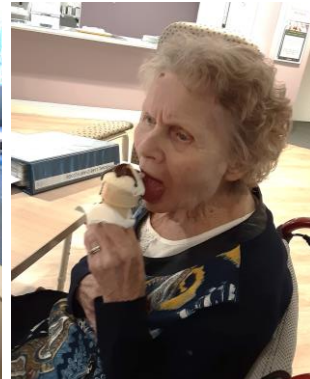
We've had a great time this month with our regular activities and especially with our new bus being in action. Our residents tell me that it's more comfortable than our old bus and we've visited some lovely places already. We've had some wonderful scenic trips however we've had the most fun at Greenwell Point where we got out of the bus and relaxed by the water while having fish and chips. Most recently we went to the famous Robertson Pie shop where we ate the "best pies", what a great birthday lunch for Ken!



Egyptian National Day was celebrated with an Egyptian sweet treat. Yum Yum!

The physios took the residents to observe the last Qantas jet plane flying around the Illawarra. A great time was had by all. And new on the calendar has been "happy hour". Residents thoroughly enjoyed a beverage while having a little "sing a long".

Looking forward to next month where we will try a little dancing. Should we do ballroom dancing or try it like the young ones on Tik Tok? Whatever we do there's always lots of fun to be had. Shelley Its winter - who cares! We all love an ice cream.



Thank you to Velma for helping to compile the Pub Trivia questions, Irene and Thelma won prizes and for helping out with the game.





An ice cream and a coffee Sofia? Why not!



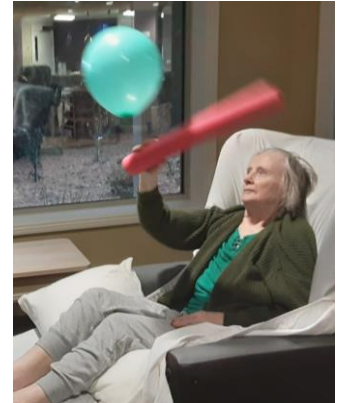
The Coffee shop get together is becoming a popular place to meet!



Beryl and Eileen enjoying a game of snakes and ladders



Some great action shots of residents in the Lodge playing balloon volleyball and Bessie enjoying a game of Connect 4.

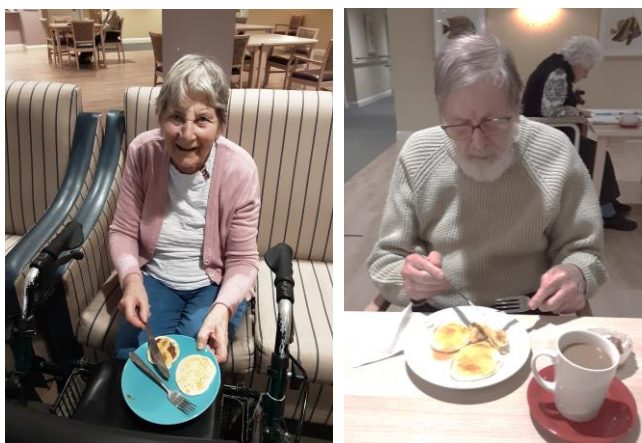


"Cheers" it's Happy Hour!



Fun and games with Jenga.





Who doesn't like homemade pancakes??



Arts and Crafts are always popular.



Some lovely bus trips this month from the Harbour to Thirroul and down to Kiama. From Panorama House to Bulli Tops...



### Competition Time!

Our Jelly Bean guessing competition had everyone trying to count, but the winners in the end were:

#### Hoskins/Sorensen Wing

- 1<sup>st</sup> Joyce Hornby-Howell
- 2<sup>nd</sup> Moyna McGuinness
- 3<sup>rd</sup> Jean Nairn

#### Lodge

- 1<sup>st</sup> John Carey
- 2<sup>nd</sup> Dmytro Majkowycz
- 3<sup>rd</sup> Ula Burrows





Working hard ladies!!  
Some lovely bookmarks made today.



### Care Manager's Report

"Success is no accident. It is hard work, perseverance, and most of all, love of what you are doing or learning to do".



I am Ma. "Maria" Cecilia Ingham, 53 years old, a Registered Nurse and the Care Manager of Greenhill Aged Care, which

role is primarily to provide clinical expertise, oversight and guidance to the clinical and care teams across both sites, Hillside at Figtree and Greenhill Manor.

My career started in the Philippines. Prior to my nursing degree, I completed the course in Bachelor of Arts in Mass Communication. My attainment as a Communication Arts graduate directed me to various employments.

Being the type of person that try new things and needing to push myself up, I decided to shift to nursing. Venturing a little out of my depth can sometimes be exactly what I needed to feel satisfied and accomplished in my working life. I have felt too comfortable with my previous activities that starting a new career path have encouraged me to gain new knowledge and skills that have helped to spice things up.

In the year 2005, I completed the degree in Bachelor of Science in Nursing. Soon after the nursing registration, I commenced my career as a staff nurse in a hospital, and later advanced my rank to a Chief Nurse in the same hospital.

Believing that working overseas will accelerate my career and learning of the high demand for nurses in Australia, I made a brave move to migrate to this country in July 2008.

My entry to this land down under 12 years ago was that of a student visa and as a Registered Nurse from the Philippines, I had to go through the 'Assessment of Competency' to qualify the standards of the Australian Health Practitioner Regulation Agency (AHPRA). Inasmuch as I was not ready to take the assessment financially, I worked as an Assistant-in-Nursing (AIN) for 3 years. During those times, I had to attend school at the same time in order to comply with the immigration requirements. Subsequently, I also completed Certificate IV in Training and Assessment, as I had considered to become a Clinical Educator.

With diligence and hard work, I got myself enrolled in Australian College of Nursing and took the Assessment of Competency (which ran for 2 months) and earned my nursing registration in December 2011. Soon after my registration, I landed my first RN job in Australia, and worked full time on the floor.

Four years after, I was tapped to do the role of an Aged Care Funding Instrument (ACFI) Lead. At some point, the facility needed to create the position of a Clinical Care Coordinator (CCC) and I was entrusted for the role. These very rewarding experiences from my first employment lasted for 8 years.

My quest for professional growth and work opportunities have kept up, and because of this, I accepted a new job which took leadership and coordination of all aspects of clinical care, and this was the Clinical Manager role.

The stint I had in my 2<sup>nd</sup> job was an equally gratifying experience. It may not have lasted long but I looked at it as a silver lining as it finally led me to my current institution, GREENHILL AGED CARE, where I commenced in November 2019 as Clinical Leader and later raised to Care Manager which is now my current position.

I am very honoured and privileged to be a part of this team where positive working environment is evident and centred around working as a team that allows everyone's talents to flourish.

Maria

We are all so excited to announce the arrival of Rameeza's baby girl - Hasfa.

Born on the 22<sup>nd</sup> of July, weighing 5lb 5 oz at 1.19pm and only 43cm long.



Isn't she gorgeous???

Congratulations to Mum and Dad from us all.

## Feedback

We view your comments, complaints and suggestions as an opportunity to identify shortcomings and to implement improvements in the quality of service provided.

The Facility Manager welcomes your comments and/or complaints and is the first point of contact for any of your concerns or suggestions. Please address your correspondence to:

The Facility Manager  
Greenhill Manor  
190 Princes Highway  
FIGTREE NSW 2525

(02) 4239 5400

Email: [facilitymanager@greenhillmanor.com.au](mailto:facilitymanager@greenhillmanor.com.au)

A "Care to Share" form is available at reception and throughout the facility to assist you in logging any areas of concern or to record those 'bright ideas' you may have as to how our quality of service can be improved. Please place the completed form in the "Opinion" boxes provided. Feedback will be given to you within 24 hours or the next business working day.