# Greenhill Manor Newsletter August 2020



## Dear All,

August has come and gone and what a busy month we have had at Greenhill Manor. Winter is finished for the year and we certainly look forward to warmer weather. Our residents continue to enjoy the weekly bus outing, which is always a highlight for them to be able to get out of the facility even if it's only for a drive.

The residents have also enjoyed our morning tea with the staff as we celebrated Aged Care Nurses Day on 7<sup>th</sup> August. Staff dressed up as superheros and kept our residents in hysterics as they attended a bed making challenge, wheelchair races and feeding myself chocolate ice cream while blindfolded and being spun around on a chair!

We ended the month with a Chinese takeaway lunch for Hoskins residents in celebration of winning the winter water challenge competition. The winter water challenge was a competition among our residents to increase their water intake, the residents were competitive and thoroughly enjoyed the contest.

On a serious matter, we continue to be extremely alert and cautious in our risk management of Covid 19. May I please remind you, that all visits continue by appointment only, this is to be arranged with the Lifestyle Officer. Visits will continue to be screened and temperature tested to be in compliance with our visitor's arrangement. Compassionate and essential visits will need to be approved and granted by the Facility Manager.

As directed by the NSW Health, anyone who has been overseas, in the state of Victoria, or anywhere within the following local government areas or suburbs in the past 14 days must NOT visit Greenhill Manor (if you reside in one of these areas, you may not visit):

Suburbs:

- Centennial Park
- Darlinghurst
- Elizabeth Bay
- Guildford

- Merrylands
- Potts Points
- Rushcutter Bay
- Sydney
- Surry Hills
- Woolloomooloo

Local Government Area:

- Canterbury/Bansktown
- Campbelltown
- Camden
- Fairfield
- Hills District
- Horsnby Shire
- Liverpool
- Newcastle
- Parramatta
- Woollahra

We recognise how challenging these arrangements that we have put in place can be, we are grateful for your cooperation, understanding and support as we maintain our focus on reducing the risk of Covid 19 outbreak.

Due to the infection control requirements, residents personal washing goes through a wash in excess of 60°C, which means that any delicates or woollens are likely to shrink. You are welcome to take these away and launder them yourself however we are also advising that any personal washing, mail, flowers are now required to be sprayed and held securely for 48 hours before being taken to a resident's room Furthermore we ask that you refrain from bringing in any food, coffee, fuit etc until further notice.

Lastly, Father's Day is almost upon us and I would like to take this opportunity to wish all the father's out there a Happy Father's Day. We hope you have a wonderful day, and that the beer is chilling, and the grill is sizzling.

Take Care

Kim Meiers Facility Manager

## **Activities Update**

Happy Birthday to everyone who celebrated a Birthday in August

JOHN CAREY 6<sup>TH</sup> JEAN QUINN 8<sup>TH</sup> ZELMA MCCLARY 17<sup>TH</sup> CATHERINE SHERLEY 29<sup>TH</sup>





Kit celebrated her 99<sup>th</sup> Birthday, (pictured with Sandeep)



Welcome to our newest arrivals!

Elaine Dumbrell and Jacqueline Marks.

## **Activities Report**

Another 'Fun Filled' month at GREENHILL MANOR...

WOW, what adventures we have had with outings to Bundeena, Cronulla, Jamberoo, Wollongong Harbour and surrounds, Sea Cliff Bridge, Lake Illawarra and lookout's galore. It was great to experience these outings with our residents seeing 'smiles' all around.

If you would like your family member to purchase a meal on the Thursday bus trips can vou please provide cash to Greenhill Aged Care. The money will keep it in a safe, requiring 2 people to sign for its removal on the resident goes dav the on the bus Receipts will be kept for proof of trip. purchase. If you could leave the money with either Julie (Concierge), Kim (Facility Manager) or myself (Shelley-RAO) that would be great. Average meal costs between \$10-\$20.

Adam, our wonderful physio has started a group for 'Our Male Residents' where they get together and have "manly" chats along with a beverage of their liking, great bonding time. The room is filled with testosterone! We will also get to celebrate with our gentlemen next month for 'Father's Day'.

Coming up at the end of this month on our 'Cultural Calendar' we will be celebrating Ukraine Independence Day. All thanks to Dmytro, our Ukrainian resident in the Lodge and sampling "cristoli". Our 'Italian Residents' will also be treated with an array of lovely Italian food and music. It will be 'BELLISIMO'......

## Shelley





Church Service via You Tube







Lily has been working hard knitting 'ear protectors' that are used by staff when wearing face masks to protect the back of their ears – Thanks Lily!





## Ukraine Independence Day







Knit and namtter is always popular



The Men's Club was a big hit!



Edith and Jacqueline enjoying a coffee in the café



Elaine in full swing playing balloon volleyball.



Music Therapy

Aged Care Workers Fun Day...



















Some great photo's from this month's bus trips.



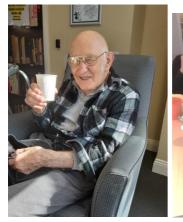






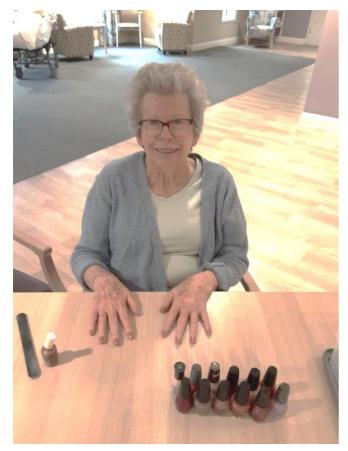












#### **Staff Profile**

My name is Sandeep PATEL. I am originally from India. I have been living in Australia since 2009. have completed my bachelor of

Good morning.



Nursing from UTS (University of technology, sydney). I used to work in Mcdonalds as a manager. It's been nearly 2 years that I am working for Greenhill Estate. Currently my role is Clinial leader at Greenhill Manor and looking forward to building my career in aged care. Thank you.

Sandeep PATEL.

Feedback

We view your comments, complaints and suggestions as an opportunity to identify shortcomings and to implement improvements in the quality of service provided.

The Facility Manager welcomes your comments and/or complaints and is the first point of contact for any of your concerns or suggestions. Please address your correspondence to:

The Facility Manager Greenhill Manor 190 Princes Highway FIGTREE NSW 2525

(02) 4239 5400

Email: facilitymanager@greenhillmanor.com.au

A "Care to Share" form is available at reception and throughout the facility to assist you in logging any areas of concern or to record those 'bright ideas' you may have as to how our quality of service can be improved. Please place the completed form in the "Opinion" boxes provided. Feedback will be given to you within 24 hours or the next business working day.